

March 5, 2020

RE: Coronavirus Precautions

Dear Residents and Family Members:

The Coronavirus (COV-19 Virus) is now active in the U.S., including cases in Texas. Coronavirus is similar to other communicable diseases such as Influenza and Norovirus in the way it is spread and in the way we can slow or prevent the spread.

To protect the residents and staff in our community, we are requiring all visitors and employees adhere to the following precautionary measures:

1. **COVER** your nose and mouth with a tissue when coughing or sneezing. Immediately discard the tissue in a trash receptacle.
2. **WASH** your hands with soap and water for a minimum of twenty seconds. Especially after you cough or sneeze.
 - a. CDC also recommends frequent use of hand sanitizer (keep it in your vehicle, at work, home).
3. **AVOID** contact with ill people.
4. **STAY HOME** if you feel sick or are experiencing symptoms provided on the enclosed checklist. This reduces the spread of the virus to others.
5. **DO NOT TOUCH** your eyes, nose, mouth or face unless you wash your hands immediately after.
6. **NOTIFY** our community immediately if you have visited within 14 days and develop symptoms (see checklist) or are diagnosed with Coronavirus.
7. **DO NOT VISIT** the community if you feel ill, have a fever, are coughing, sneezing, short of breath, feel extreme fatigue, or have experienced diarrhea and/or vomiting.

In case you become ill, the Department of Safety and Health Services advises everyone to prepare for home isolation by purchasing enough supplies for 14 days including food, water, comfort medications, etc.

For further guidelines and updates, please visit the Global, Federal, State & Local links below.

- World Health Organization (Global): <https://www.who.int/health-topics/coronavirus>
- Centers for Disease Control (Federal): <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- Texas Department Safety and Health Services (State): <https://dshs.texas.gov/coronavirus/default.aspx#print>
- Local Public Health Departments: ephealth.com
- Travel Advisory: <https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html/>

Sincerely,



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What happens if there is a confirmed Coronavirus case in the Assisted Living community?

1. Symptomatic residents must wear a mask and remain in their apartment or specified isolation area until symptoms have ended.
2. The Public Health Department will be notified immediately.
3. Residents and Families will be notified as soon as possible via the community Facebook page and posters at the front entrance.
4. Access to the community will be restricted to staff and health care workers.
5. All trips to non-essential medical appointments, shopping and events will be canceled until the community has been cleared by the public health department.
6. Residents will communicate with friends and family electronically (Skype, Duo, Whats App, etc.)
7. Family members will be required to communicate with the community via email to keep phone lines open for Health Department workers, 911 and other needs.